Suggested Reading for Child and Adolescence Analysis


Spitz R. [1957] No and Yes I.U.P.


This collection of papers provide both clinical and theoretical insights into the progression of adolescence.


Meira Likierman


Anna Freud’s theories and techniques from a clinical and critical viewpoint. There is also a description of the profile and developmental lines which is clear and informative, hence more usable.


Research, Theory and Practice.
Incorporates Freudian and non-Freudian aspects of technique and clinical practice. Written by distinguished professionals of that time.


Basic principles of the technique of child psychoanalysis with extensive clinical examples. Includes Child analysis at different developmental stages, assessment, and the role of the parent.


This is a collection of papers of psychoanalytic psychotherapy that represent recent developments in technique and theory when dealing with such concerns as child sexual abuse. Application of work in wider settings is addressed. The authors represent both the theories of Melanie Klein and Anna Freud.

Bion, W. R. (1962). *Learning from Experience*. London: Heinemann. [I think that this material maybe is too difficult and too theoretical at present. I left it on as it was suggested to be included.]

This is a first nucleus of a reading list which will still be enlarged and completed.